

# Old Texas Rose

VOL 28, FALL 2015

Greetings Fellow Rose Rustlers ---

Message from the Chair - AUDREY McMURRAY

The Summer Meeting at Mercer this year was a real treat. Many thanks to Gaye Hammond and Susan Kelly for catching us up on the Earthkind trials at MD Anderson. I went out to help one Saturday and can attest to the fact that they are working hard at keeping the gardens going.



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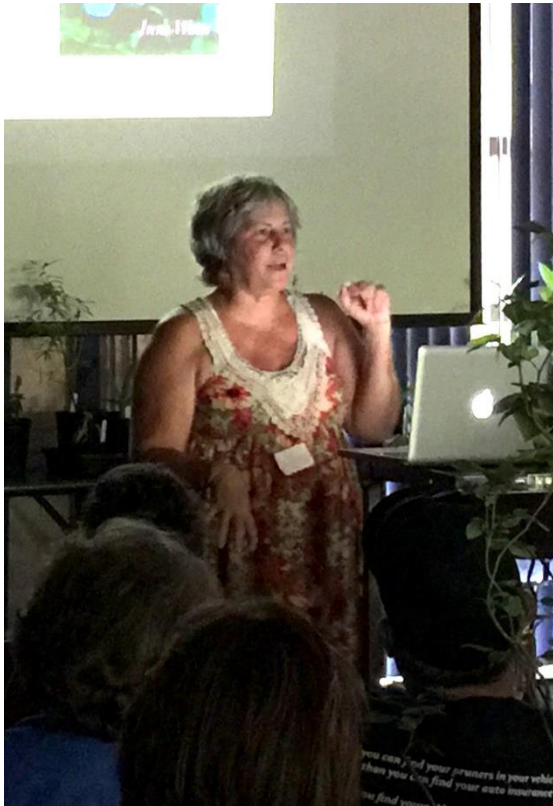
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Thanks to Becky Smith, we were also able to work out a visit from Pam Greenewald, who drove to Texas from her nursery, Angel Gardens, in Florida. Pam always has a pocketful of fun stories to tell about her challenges and successes in running a totally organic rose nursery. This time, as well, she told us about her work with veterans who are suffering from PTSD, a venture we wish her all the best on. (More Info on this program from Pam later in the newsletter)



We look forward to seeing all of you at the Cutting Exchange on November 7th, which will be held in conjunction with the Heritage Rose Foundation at the Antique Rose Emporium's Fall Festival of Roses (November 6th-8th). Read on for more information about this. Marilyn Almon will be distributing any shirts that are ordered by Monday, October 5th, if you can make it to this event, so get your shirt order in asap! And as usual, let Molly Buenrostro (ameliaannb@yahoo.com) know if you have a particular rose you would like cuttings of and if possible, someone will bring it to the exchange.

See you there!

Audrey

## Fall Hummingbirds

Molly Buenrostro

As the long, hot Texas summer is slowly going into our rearview mirror, I am looking excitedly to fall. All of the garden beds look tired and stressed. Although it is a little early for those delicious cool mornings and pleasant days that will be arriving in a few weeks, I do have something wonderful to keep me busy for the entire month of September.....hummingbirds!!!

The migration of these stunning and devilishly entertaining little hummers provides me with a month-long invigorating project in the garden. Although we have year-round residents, the migrating hummingbirds start showing up at the feeders in increasing numbers from late August through the end of September. I usually have 7 to 10 feeders out for them and replenishing these feeders keeps me pretty busy. Of course, sitting on the porch with my camera as I try to capture the awesome nature of these beauties keeps me occupied for the whole month of September.

If you have not participated in attracting hummingbirds to your garden, you are missing a delightful pastime! Oh, I want to add that purchasing red nectar to put in your feeders is a very expensive and unnecessary way of feeding them. Just bring a sugar solution to boil, allow it to cool and pour into the feeder. No color additives are necessary at all. The water to sugar ratio is 4-1 (e.g., 4 cups water to one cup sugar). Also, I have found that the inexpensive plastic feeders work wonderfully. The glass type with rubber drip caps are expensive, hold less nectar, and often do not attract as many hummers. Keep it simple!!

So, close your eyes to the dying of so much of the summer beauty in the garden and get your hummingbird feeders out!



### Book Review

Conrad Tips



### ROSES FOR THE SOUTH, 1860

Mary Catherine Rion, *Ladies' Southern Florist* (Steve --put this in italics, please). Columbia, S.C., Peter B. Glass, 1860.

I am alone actuated by a desire to place in the hands of the Ladies of the South such a work as I in vain sought, when

I commenced the culture of my Flower Garden. If I accomplish this, it is all I desire.

Mrs. Rion, wife of John H. Rion, a lawyer, wrote the only book published in the South before The War Between the States dealing with ornamental plants and their cultivation and the first of its kind to be written by a woman. Mrs. Rion's choice of roses follows:

### Tea

Triomphe de Luxembourg

Devoniensis

La Pactole

La Marque

Safrona

Aurora Tea

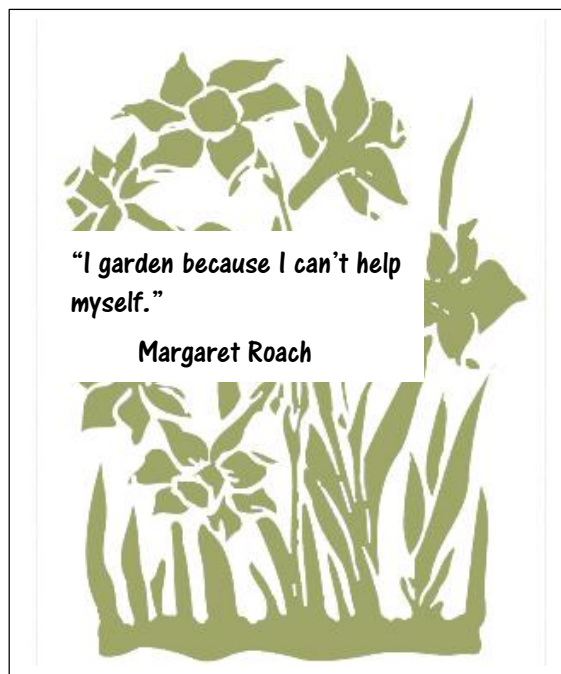
Elize Sauvage

Joan of Arc

Marshall Buguead

Smithii

Caroline Tea



### Noisette

Cloth of Gold: which as a novelty was first offered to the public at the astonishing price of five dollars.

Solfatere

Glorie de Dijon

Ophire

Charles X

Isabella Grey: "produced by Mr. Grey, of Charleston, about ten years ago...when first introduced the French Government sent an agent to Charleston to buy up, at a premium, all the plants which could be obtained."

### Bourbon

Souvenir de la Malmaison

Mme. Desprez

George IV



Mrs. Bosanquet  
Marshall Villars  
Queen of the Bourbons  
Paul Joseph  
Leveson Gower

**Hybrid Perpetuals**

Mme. Laffay  
Baronne Prevost  
Duchess de Nemours  
La Reine  
Crimson Perpetual  
Duchess of Sutherland  
Emperor Napoleon  
Marshall Ragland  
Lion of Combats  
Baronne Halez  
Giant of Battles  
Prince Albert  
Glorie of Lyons



Mrs. Rion notes that "this is a comparatively new class of roses, and bloom twice a year." They don't do well, she suggests, on their own roots.

**Chinas**

Mme. Bosanquet  
Grandiflora  
Louis Philippe  
Cinnamon  
Damask  
China Triumphans  
Agripina  
Mme. Desprez

### Moss Roses

"They are extremely lovely in the bud, and the red and blush are beautiful when full blown. They are rather difficult to transplant, and must not be pruned at all, except to cut away dead wood. The only method of propagating the moss rose is by suckers or layers. The white roses of this class are not desirable."

### Musk Roses

"The leaves of the musk rose are delightful perfume for clothing. For this purpose the flower leaves should be gathered early in the morning."

### Briar Roses

Harrison

Persian Yellow

Fortune's Yellow

Mrs. Rion recommends this class for its "exquisite perfume."

### Climbing Roses

La Marque

the Banksias

Baronne Prevost

Glorie de Dijon

Cora L. Barton

Prairie Queen

Multiflora

the Greville Rose

A replica edition of *Ladies' Southern Florist* was published in 2001.

Apart from Mrs. Rion's book, what would a Southern gardener interested in decorative plants have read? There wasn't much. Lelievre's *Nouveau Jardinier de la Louisiane*, 1838, addressed the special climactic conditions of the Gulf Coast, but primarily as they affected the growing of fruits and vegetables; Thomas Affleck's *Almanacs* of the 1850s and 1860s would be more useful; and William White's *Gardening for the South*, 1868, was a standard text. Mrs. Daniel Turnbull of Rosedown Plantation must have known them all. He built the house, she laid out the garden and tended it for 60 years, keeping all the while a meticulous record of the work. She endured the deaths of her husband and her sons, the miseries of the war years, and the horror of its aftermath; and yet she passed the property on to her heirs intact and free of debt. After the last of the family died in 1955, the place was purchased by Mr. and Mrs. Milton Underwood of Houston, and saved. Their successor sold the contents of the mansion--the furniture made in the early 1840s for Henry Clay and not seen for a century caused a sensation amongst American antiquarians--and much of the land. The remnant, a unique survival of the antebellum plantation culture, is now in the care of the State of Louisiana. Older readers may remember Stark Young's novel of 1934, *So Red the Rose*, or its film adaptation. An intimate friend of the Turnbull descendants, he used Rosedown as the model for Portobello, the setting of his romance. Martha Barrow Turnbull's diary, edited and annotated by Suzanne Turner, was published by the LSU Press in 2012.

## Rose Garden Angels

Pam Greenewald

Rose Garden Angels, Inc. is a brand new not-for-profit 501c(3) corporation whose mission and purpose is to use horticultural therapy for mental, physical and spiritual healing to combat anxiety and to build social skills. We are growing roses primarily with veterans suffering from PTSD, but we also have a program working with at-risk youth at our local library. Our programs are designed to improve the functional independence in the program's participants by developing or enhancing stress management techniques, emotional balance and psychological well-being through working with nature. Participants build social support networks by participating in group settings and interacting with peers along with a sense of empowerment through supplemental income opportunities.

We raise funds for the non-profit through donations and grants, but primarily through our wholesale rose company entitled "The Old Garden Rose Co." The proceeds from the sale of these easy-care, hard-to-find roses go to support and help sustain our programs. The healing powers of the rose are well-known throughout history, and we have many years of experience growing all types of roses on their own roots — most importantly through organic methods.

I cannot think of any past time more healing than growing roses. There is something absolutely enchanting about this species for multiple reasons: beauty and fragrance not to mention its role as a symbol of love. Roses respond quickly to nurturing and let us know how they are feeling — giving us back many times the love we bestow upon them. We are able to establish a healing relationship with roses like no other plant. Taking a piece of a rose and making a clone of the mother plant by sticking it into a proper medium, keeping it moist, watching over it daily, until three to six weeks later baby rootlets appear is breathtaking. To see life continue with a new plant, which would have been passed down from the same plant originating in the 1800s is nothing short of a miracle. Then within a few short weeks to experience the first bloom on this new child of nature we have nurtured from the beginning reconnects us to Mother Nature.

The rose is giving off healing vibrations of the highest electrical frequency known in the plant kingdom (320MHz). This is a scientific fact. It is no wonder that the rose is synonymous with love. Thus we are able to raise our own vibration into a healing state from being with live rose plants. When we are able to take the rose home, plant it and watch it mature, bloom and grow, we then develop a real relationship with our rose which is the key to successful rose growing — just as the daily care and feeding of a child assures it's success in life. One must treat the rose as a dear friend or a child, giving daily attention to its needs and understanding its highs and lows. The one needing nurtured thus becomes the nurturer as well in a mutually beneficial relationship. The work of caring for a rose garden or roses in containers once the client is back home promotes continued ongoing therapy. Thus the activity of horticulture therapy — when used properly without stress and in a relaxing and loving environment — nurtures the humans as well as the plants.

The art of growing roses quickly becomes addictive in a good way as one cannot help but want to grow more and more as each time the new roots are formed and a new rose is potted — a wonderful sense of satisfaction comes over the participant. Then to watch this young rose grow and mature is a stepping stone to healing our hidden wounds.

The use of organic fertilizers ensures not only the safety of all concerned including the roses, but also makes the activity more enjoyable allowing one to experience the life-force of the roses. Roses come in all shapes, colors and sizes, and there are many varieties that do not have thorns. These are used when treating diabetic patients and others who cannot be around thorns due to blood issues.

Another exciting activity about our rose program is hybridizing (breeding). This involves such tasks as taking pollen, record keeping, harvesting seeds from the rose hips, refrigerating them and finally planting them. Any of the new seedlings that show promise may be grown and named



after one's friend or loved one. Use of open-pollinated seeds also speeds along the process. This is a very exciting field and one that supports mental healing.

The third activity of the Rose Garden Angels involves taking care of roses in rose gardens, which we help install and maintain with the clients on the premises. This provides cuttings and hips (seeds) as well as training in the care of roses with an added bonus being physical therapy. There are many reasons to conclude that gardening may be therapeutic — there is evidence for physical, cognitive and social benefits. However, there may be something in gardening associated with providing hope for those who may have little else to hope for. This might ultimately be the most beneficial aspect of gardening therapy, which is based upon a sense of personal competence, coping ability, psychological well-being, purpose and meaning in life as well as a sense of “the possible”. There appears to be an intrinsic relationship between gardening and hope. The very action of planting a seed in the soil requires hope.

Horticultural therapy is the purposeful use of plants and gardens to promote individual mental, emotional, physical, spiritual and intellectual well-being. While the therapeutic use of plants is an ancient art, horticultural therapy as a named profession was established in the United States in 1973 by the American Horticulture Therapy Association. Benefits of horticultural therapy again include body, mind and spirit by utilizing physical activity, relaxation and enjoyment, skill development, creative expression, sensory stimulation, intellectual and personal growth, social interaction, a sense of productivity and self-satisfaction and a spiritual connection with life.”

Our very first program began on March 3 at Angel Gardens Rose Nursery with five veterans. Our sponsor was the Wounded Warrior Project headquartered in Jacksonville, FL. The participants in our programs were able to bring half of their roses home to care for in their own rose gardens. They are continuing to grow the roses at their own homes with supplies provided by the Old Garden Rose Company, where the remainder of the roses are being sold. All profits from the sales go back into the non-profit Rose Garden Angels, Inc. in order to insure the sustainability of our programs. Our motto says it all: “We’re Rooting For You!”

**Here is a bio from just one of our 5 Veteran rose growers:**

Jeffrey Buchanan was active duty in the USAF four years. He was an air traffic controller & stationed in the Philippines almost two years then he was stationed in North Carolina. He got out of the military to finish school and was in the Army Reserve while working to complete graduate school. He stayed on in NC after graduating and taught English and workplace literacy. Presently, Jeffrey lives in Bradford County and owns an adult family care home. He houses veterans with a variety of issues requiring supervised living.

**"I really like working with and caring for roses and observing their progress. I like working quietly and caring for plants. It helps out a great deal with anxiety and quality of life. I very much appreciate the time and effort Pam puts into teaching me everything. This is a great program."**

**Jeff Buchanan.**

**Here is a statement from one of the children from the Rose Garden Gang at the Alachua library:**

**"I feel really Good about it. TBH (to be honest) the flowers is like Joy to me the smell really opens my nose. And heart, soul, mind." Sincerely, Ashonte S.**



**Here is a little more of a bio of another Veteran, Lance Corporal Lane Harris**

**He was a 2nd machine gunner, 2nd battalion 7th Marines Echo Company**

**Lane lives in Trenton with wife and new baby on their organic farm called Shovel and Seed. Lane says he is having great success rooting the roses and is in awe of all the incredible varieties there are to grow. He finds it relaxing and helpful for his PTSD.**

Veteran Tayden Haile with Pam.



*Carpe cyprinum!*

Audrey McMurray



If you're like me, and use Labor Day as a reminder to get those roses pruned, instead of the more efficient notion of using it as a *deadline*, you are probably also into anything that will help you save time and steps, both of which we need more of to keep us organized.

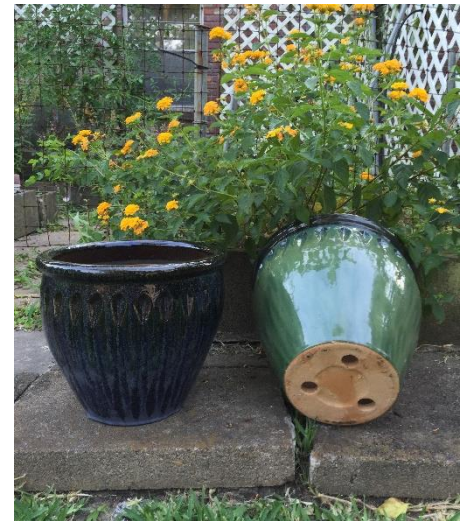
I'd like to pass on an idea that has saved me time in the garden. I actually got the idea from my sister, Brenda, and also from Pam Smith, landscape manager of the Farmer's Branch rose garden. I wish I had known about this when my elderly mother was too old to get on her hands and knees to weed. Pam and Brenda put a plant in a bottomless pot and then sank the pot in a bed of heavy groundcover that choked out weeds. I modified this idea a bit by sinking the pot right in the yard and letting the St. Augustine grass grow right up to it. That way, I can just let the weedeater do the weeding and I don't have to bend down much to pluck out the few



opportunistic weeds that grow in the pot itself. This idea must be catching on since I can now find pots that have large holes in the bottom, but I go ahead and knock out the entire bottom anyway.

Something else that has really helped me in the garden are the tips that John Ferguson, of Nature's Way Resources, has passed on via his lectures and newsletters. I'm not even sure it's accurate to use the word "tip" since his is more of a change of paradigm in how we see gardening, plants, and our own health with respect to the health of our soil.

Experienced gardeners understand well that if we take care of the soil's health, Nature will take care of the plants' health and healthy plants require less of our time. So it was with some chagrin that I realized that a few of my practices that I thought were aiding my soil's health, were actually hurting it. And I don't think I would have realized this had I not listened to John with an eye to my own habits. I encourage you to sign up for the newsletter he writes with (full disclosure here) my sister, the Lazy Gardener, and with occasional articles from Mark Bowen, also of Nature's Way. There is a box for signing up for their newsletters on the [Nature's Way Resources](#) website.



So what does this have to do with the title of this article? *Carpe cyprinum!* means Seize the carp! I am always impressed by people who cleverly and efficiently try to solve a problem. John says to look UNDER the plants to solve their above-soil problems. Pam and Brenda want to cut down on weeding but want a pretty rose too, so they stick a pot in the middle of a thick groundcover. And those clever folks dealing with invasive Asian carp in the Mississippi and Illinois Rivers? They are solving an environmental disaster by making fish fertilizer out of the pests. How cool is that? I say we give them a boost by buying their products! And our soil will thank us too.

### **Save the Date**



## ***Tyler/Nacogdoches Field Trip~October 9-10, 2015***

**Friday ~ October 9 at 10am**

**We will meet at Chamblee's Rose Nursery in Tyler  
10926 US-69 North  
Tyler, TX 75706  
(800) 256-7673**

**After lunch, we will go to the Tyler Rose Garden, and possibly Blue Moon and/or Hughes Nursery**

**Then, we will head to Nacogdoches and stay at**

**Comfort Suites  
3429 South Street  
Nacogdoches, TX 75964  
(936) 560-9900**



**Saturday ~ October 10 at 10am**

**We will meet at King's Nursery for the 100<sup>th</sup> Anniversary Celebration.  
The nursery is located on US 84 just east of the US 59/US 96 interchange in Tenaha. For more information call the nursery at 936-248-3811.**

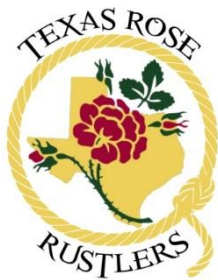
**The little nursery that started along the train tracks in Tenaha, Texas selling wholesale fruit trees in 1915 just keeps going and going. Now in its 100<sup>th</sup> year, Kings Nursery and Florist employs its fourth generation of Kings. On October 10<sup>th</sup> come help Margaret Freeman King, her daughter-in-law Cheryl King, and grandsons Aaron and Andrew King celebrate 100 years serving Texas and**

Louisiana gardeners. The festivities kick off at 10:00 am with a welcome and bit of nursery history followed by an entertaining lecture by well-known Texas horticulturist and author Greg Grant at 11:00. Hot dogs and fixings will be served at noon followed by a generous helping of musical talent. After 66 years in the business herself, Margaret would like to thank as many people in person as possible for all their support through the years.

If you have any questions call:

Becky Smith (713) 201-3886

Molly Buenrostro (713) 775-9231



## FALL CUTTING EXCHANGE

We are very pleased to announce that the annual Texas Rose Rustlers Fall Cuttings Exchange will be held on November 7, 2015. We will be joining the Heritage Rose Foundation at the Antique Rose Emporium's Fall Festival of Roses to be held November 6, 7, and 8 and we welcome all of our members to join us in any of the events that will be held that weekend.

Mike Shoup of the Antique Rose Emporium has a wonderful group of speakers lined up for this fun and informative weekend.



Phone: (979) 836-5548

Location: 10000 FM 50

Brenham, Texas



**FRIDAY~ NOVEMBER 6th**

**10 AM “Roses are Easy” Mike Shoup, Owner of Antique Rose Emporium will remove the myth that roses are difficult to grow.**



Mike Shoup

**Rooting, breeding and simple organic cultivation will be discussed.**

**11 AM “Best Bulbs for Texas” Robbi Will, Plant expert at Antique Rose Emporium**

**1 PM “A Garden with Roses” Pam Smith, Manager at the Rose Trial Gardens at Farmers Branch**



Farmers Branch Rose Trial Gardens

**Roses come in many forms making them like individual brush strokes for your garden masterpiece. Pam knows these nuances of their expression to help place them in our own garden.**

**2:30 PM “The State of the Rose Address” Pat Shanley, President of American Rose Society and Gaye Hammond, past President Houston Rose Society.**



Pat Shanley



Gaye Hammond

**An exciting new Rose Industry is portrayed from two different views, challenges, trial gardens, and new roses will be discussed.**

**SATURDAY~NOVEMBER 7<sup>th</sup>**

**9:30 AM “The Mystery Roses of Bermuda” Peter Holmes, President of the Bermuda Rose Society.**

**As a stopping off point from Europe to America in the 17 and 1800s, Bermuda housed a treasure trove of lost and forgotten roses. Peter exposes some of the best examples.**

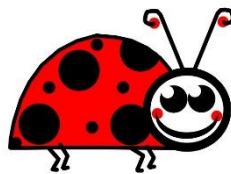
**11 AM “Revisiting the Dutch Masters” Jim Johnson, Former Chair of Benz School of Floral Design.**

**Jim Johnson**



**In this inspirational performance, Jim will recreate the Floral Arrangements in the Dutch Master’s Paintings.**

**12 PM Ladybug release ~ natural predators of aphids.**



**LUNCH~CUTTING EXCHANGE~LOTTO**



**Independence General Store**

On Saturday, the Texas Rose Rustlers will break for lunch and gather on the back deck of the Independence General Store for our **cutting exchange and lotto**. The store is right down the road from the Antique Rose Emporium. <http://www.independencetx.com/GeneralStore.htm>

Our members and guests can order a hamburger or sandwich from the deli at this store, buy lunch from the food trucks that will be at the Antique Rose Emporium grounds, or bring your own sack lunch.

**2 PM “A Life of Roses” Stephen Scanniello, President of the Heritage Rose Foundation**



**Stephen Scanniello**

Over 30 years of a storied life with roses will be shared. His wit and humor are sure to entertain along the way.

**3:30 PM “Keeping it Simple” Felder Rushing, author and speaker extraordinaire**



**Felder Rushing**

Felder's down home approach to gardening is full of zany observations and humorous anecdotes that will leave you with a whole new perspective on gardening.



**4:30 PM Heritage Rose Foundation Meeting. Public is welcome.**



**5:00 PM Refreshment and Dinner Bites**

**SUNDAY~NOVEMBER 8<sup>th</sup>**

**11 AM Behind the Scenes Tour of the Growing Fields with Mike Shoup**

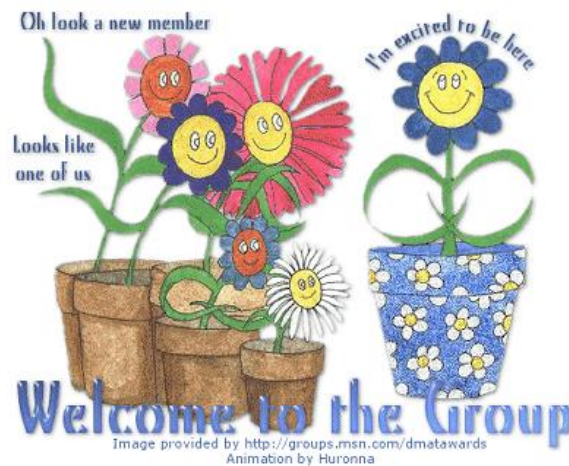


*See you there!*

## Welcome New Members:

Joy Budde, Groesbeck  
Charlene Erickson, Spring

We look forward to getting to know you and your gardening ways!



### Have you had a Tetanus Booster lately?

It is a good idea to have a Tetanus booster at least every ten years, with a five year interval preferable. We all work in the soil and occasionally get stuck with thorns, which makes having the booster important. Tetanus is a soil born bacteria which can have some rather unpleasant symptoms. So if it's been a while, make your appointment now, please!!!

## Cutting Exchange

In keeping with our mission of joining together and sharing roses and rose growing knowledge, we are once again attempting to provide our members with cuttings of beloved garden roses that they are specifically looking for in order to expand their collection of roses in their gardens. Because many of these beauties are not available in commerce this is a way by which we can insure the survival of many varieties of our beloved roses.

At our Summer Meeting, we provided a cuttings request form to all attendees and this form will be made available on our website so that any person wanting to share a particular rose, or wanting cuttings of a particular rose can fill out the request form and return it no later than October 15, 2015.



*Please return the completed form*

**Name of TRR member requesting rose cuttings:**

\_\_\_\_\_

Your email or mailing address:

\_\_\_\_\_

Names of Rose Cuttings Requested:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

A final list of rose cuttings that have been requested will be on our TRR website and sent to TRR members via email or mail so that they can provide cuttings of requested roses and bring them to our Fall Cutting Exchange in Independence, Tx

**Note:** Although we are making an effort to receive and offer particular rose cuttings, our cuttings exchange will include any rose cuttings members wish to bring!

You may email your completed list to me (Molly) at:

ameliaannb@yahoo.com

OR

Mail your completed form to me at:

Texas Rose Rustlers

c/o Molly Buenrostro

20311 Courageous Dr

Hockley, TX 77447

## **Texas Rose Rustler Board Members**

<i>Chairman.....</i>	<i>Audrey McMurray</i>
<i>Program Chairman.....</i>	<i>Molly Buenrostro and Becky Smith</i>
<i>Historian/Communications.....</i>	<i>Becky Smith</i>
<i>Secretary.....</i>	<i>Conrad Tips</i>
<i>Treasurer/Membership.....</i>	<i>Arnold Knoche</i>
<i>Old Texas Rose Editor.....</i>	<i>Steve Spears</i>
<i>Hospitality.....</i>	<i>Molly and John Buenrostro</i>

